



# Lymphoedema Association of Victoria Inc Annual General Meeting

**Saturday 21st October 2017, 10:00am**

**Ashburton Support Services  
296 High Street  
Ashburton Victoria  
All Welcome**

- 9.30am** Registration
- 10.00am** AGM
  - **30 June 2017 Annual and Financial Report**
  - **Election of office bearers**
  - **Confirmation of membership fees**
- 10.30am** Morning Tea
- 11.00am – 12 noon** Guest Presenter – Rosalind Deacon:  
Senior Clinician Physiotherapist and Lymphoedema Practitioner

For catering purposes, please RSVP by Tuesday 17 October 2017  
email [info@lav.org.au](mailto:info@lav.org.au), phone 1300 852 850 or (03) 9885 9613

## **AGM Presentation:**

**Rosalind Deacon Senior Clinician Physiotherapist and  
Lymphoedema Practitioner**

Rosalind Deacon has been working as a senior clinician physiotherapist and a lymphoedema practitioner at Bendigo Health for the past 25 years.

Throughout her working life Rosalind has included aquatic therapy in all aspects of her clinical work. In the formative years this included working with road trauma patients at St Vincents followed by spinal injury patients at the Austin Spinal Unit. During the past 25 years she has been involved in many clinics at JLRU outpatient rehabilitation and at all stages has been in the pool with her patients. She has found through this extensive clinical experience and numerous weekend courses and in-services on

aquatic therapy that this medium offers so much to almost all patients, no matter their diagnosis. Approximately 6 years ago she was introduced to Ai Chi and has since done some self-learning and in-service education to improve her skills in this newer area.

Over the past 2 years this has included a project with ethics approval, studying the effect of Ai Chi compared to a conventional aquatic exercise class on arm volume changes in women with or at risk of breast cancer related lymphoedema. This presentation will discuss Ai Chi as a clinical intervention and how it can be modified to use with the Lymphoedema population.

